

Facts About:

Nursing Homes: How Much Do They Cost?

- ▶ Only 6% of Americans have purchased a long-term care policy, yet 31% of Americans over 45 believe that they have insurance that covers long-term care expenses through work, a private policy, or by other means.
- ▶ On average, residence in a nursing home costs \$168 per day — over \$60,000 per year.
- ▶ In 2000, Americans paid \$34.3 billion out-of-pocket for long-term care in an institutional setting, and \$8.5 billion out-of-pocket for long-term care services in the home.
- ▶ The average cost of nursing home care has more than tripled since 1985.

- ▶ 70% of long-term care costs are spent on nursing home care.
- ▶ Nursing homes are more expensive for younger residents.
Age 65-74: \$4,134 (per month) 75-84: \$3,960 85+: \$3,731
- ▶ The average monthly cost of nursing home care widely varies depending on geographical region.
NE: \$4,852 West: \$4,725 MW: \$3,474 South: \$3,263
- ▶ In 2000, the majority of nursing homes were for-profit.
For-profit: 67% nonprofit: 26% Gov't owned and operated: 7%

A Project of the **Heinz Family Philanthropies**: Teresa Heinz, Chairman; Jeffrey Lewis, President (jlewis@heinzoffice.org) and **Highmark Inc.**